

Register Today!

Presented by



**Millard
Education
Association**

**Saturday
August 21
5K Walk/Run
Lake Zorinsky
(156th and F Entrance)**



**Registration Starts at 7:15 a.m.
Event Start: Runners 8 a.m.
Walkers 8:15 a.m.**

Registration Fees (include t-shirts for each registered participant)

Event day registrations are not guaranteed a t-shirt

_____	\$10 kids (12 and under)	YS	YM	YL		
_____	\$15 adult (13 and older)	S	M	L	XL	XXL
_____	\$25 runner	S	M	L	XL	XXL

____Male ____Female (only runners fill out)

First Name _____

Last Name _____

Address _____

City _____

State _____ Zip _____

Telephone _____

Email _____

Please send your registration and fees to Millard Public Schools Foundation, Attn: STRIDES

Address listed below. We accept cash, check or credit card.

Credit Card Info # _____

Visa _____ MC _____ AmEx _____ Expiration Date _____

I would like to make an additional donation to the Foundation \$ _____

Total Enclosed \$ _____

I hereby for myself, my child, or ward, as the case may be, release any and all claims or right to make claims against Millard Public Schools Foundation, all of the sponsors, organizers, employees, and volunteers associated in any way with this event. I recognize and assume the risks inherent in participating in this event, including but not limited to the risk of injury associated with physical activity, exercise, contact with other participants, falls, the risk of uncertain weather including heat and humidity. This release extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I grant permission for any and all of the foregoing to use any photograph, video tapes, pictures and recordings, or any other record of this event in any published material associated with this event.

X _____ Date: _____

